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Golf Handbook For Women: The Complete Guide To Improving Your Game





Synopsis

The Golf Handbook for Women takes you through every aspect of golf, whether you are just starting out or want to raise your game to a new level. Movements and shots are carefully detailed, using photographs and illustrations, with helpful suggestions on how to ensure you'll hit your best shot every time.In Â The Golf Handbook for Women, you'll find information on:Choosing and using equipment that's right for youDeveloping good habits from the startKnowing which shot to play in various situationsJudging distance and aiming wellReading greensCorrecting common mistakesGetting out of trouble shotsConquering fears and being positiveFinding strategies for strokeplay and matchplayDeciding what to do--and not do--on a courseEnjoying the game to the fullest!

Book Information

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Customer Reviews

This book does have a nice presentation and is well organized. It is directed toward the beginning female golfer and makes for easy reading. That is the positive news. The negative is that the teaching theory is outdated. Like so many golf books for women it's swing theory - which there is very little of - is rather outdated. Unfortunately most women's golf books are not up to par on simple concepts, such as the source of power, the hand release etc. I have read only two books written by a female golf professional that were outstanding books for men or women. I will not mention these books because I do not believe it fair to push other books in a review. However, they are out there and available for good theoretical and instructional reading The bottom line, if you are a beginner this book is well organized but if you want substance you would be better fit to go elsewhere.

I was looking for a good book for my wife who just started taking up golf. Went to local bookshop to compare all the popular women golf books ie. Cindy Reid's Ultimate Guide, Golf is a Woman's Game, A Woman's Guide to Better Golf, The Women's Guide to Golf, and by an easy decision this was the book to get. Well illustrated, well laid-out, clear, to-the-point, and comprehensive. You won't be dissapointed.

This book gave me an excellent guide to start golf by providing detailed illustrations for each step, such as grib. Those illustrations help beginners to understand basic golf skills easily. Along with my golf lessons, this book gave me helpful tips to correct my mistakes. However, this illustration-oriented instruction may make advanced golfers feel lack of information for their levels. Anyhow, as a beginner, I loved this book, Golf Handbook for Women!

Very clear and succinct (I love the way those Brits write!) Lots of great photos (especially of the "Do's" and "Don'ts") and terrific illustrations. Plus attention to more practical matters such as etiquette and course strategy.

Women strengths in golf are different from men. That's why I was looking for a golf book just for women. I was so happy when I found this book. This is a good book for women learning to play golf or if you want more information about clubs or certain shots, like chipping. This book covers what clubs/irons do and the yardage you can get from each one. It also covers shots from the tee to putting. It even goes over reading the green. I enjoyed the book. After telling my husband the book said that some women find the 7 club easier to hit then the 3 iron and it will give you the same distance he brought me one. I'll be trying it out this weekend. See you on the links.

The color photos were very helpful, and the text explained everything in detail - sometimes a little too technical, but overall, a very good book for a beginning golfer, or for someone that wants to improve their game.

I ordered this book as I write on a web site where I am the golf editor. I love to review books like this for new golfers. It was one of the best.Letta Meinen

Further efforts to find an updated, complimentary text for my golf-learning girlfriend led me to this

pleasant offering. Nicely packaged, slick and glossy, it pictorially compliments more mechanical texts like Ben Hogan's Fundamentals. This book is well laid out, discussion of golf equipment is presented right off the bat. Grip, stance, posture follow in order. It reads like a collection of easy to follow magazine-style lessons. Interestingly, immediately following the basic structures they include information on shot shaping, dealing w/ pulls, pushes, fades, draws, etc. which may be overkill for that point in the instruction. Ultimately though it is quite a nice `guide', touching on golf etiquette thankfully, providing some interesting exercises, and running down oft used golf rules. Hopefully the presentation will score some points; seeing all the women in the examples, and hearing the voice of the female author versus some of the gender neutral or male dominated texts I've thrown at her. Ah golf!

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